

# Just for Families!



Our next unit, "Let's Make Music" will have us moving and making beautiful music every day! This unit is wonderful because it invites your child to express his/her ideas and feelings through both music and dance. Here are a few of the topics we will explore during this unit:

- \* What is Music?
- \* Singing is a Type of Music
- \* Using Our Bodies to Make Music
- \* Exercising to Music
- \* What is a Musician?
- \* Different Styles of Dance
- \* Musical Instruments
- \* Styles of Music

The following activities will help you reinforce the unit, "Let's Make Music" with your child.

## Bath Time:



Play soft, soothing music during bath time and watch to see how your child reacts.

## Mealtime:

Invite your child to choose music to play during mealtime. Talk about the music as it plays. Which song is your child's favorite and why?



## Out & About (traveling):



Listen to different types of music while riding in the car. There are many different radio stations that play different styles of music, including some in other languages.

## Bedtime:

Put on some soft, classical music such as Brahms' Lullaby at bedtime. Just be careful not to fall asleep yourself!



Sing the following song with your child, hold hands and dance to the beat together.

**DANCING TO THE BEAT**  
(tune: "The Wheels on the Bus")

Dancing to the beat is so much fun,  
So much fun, so much fun!  
Dancing to the beat is so much fun,  
Dance along with me.

