

Just for Families!



"Look up in the sky. What do you see?" Your child will be asked this question frequently as we explore our next unit, "Look Up!" From airplanes and helicopters to woodpeckers and eagles, we will explore just a few of the animals that fly as well as manmade machines that do the same. Here are the main concepts we will explore:

- * What Flies Up in the Sky?
- * Helicopters Fly Up in the Sky
- * Cardinals & Blue Jays Fly Up in the Sky
- * Bats Fly in the Sky at Night
- * Things I Can Make Fly in the Sky
- * Airplanes Fly Up in the Sky
- * Rockets Travel Up in the Sky
- * Woodpeckers & Eagles Fly Up in the Sky
- * High & Low

The following activities will help you reinforce the theme, "Look Up!" at home.

Bath Time:



Have your child reach up high and bend down low as you bathe him/her.

Mealtime:

Serve a mixture of dry cereals for snack and invite your child to pretend to be a bird as he/she eats.



Out & About (traveling):



Invite your child to look for birds flying in the sky while riding in the car or going for a walk.

Bedtime:

Have your child look for things that fly while reading books with your child at bedtime. How many different things can your child find? How many can he/she name?



Sing the following song and invite your child to pretend to be a rocket blasting off into space.

LET'S BLAST OFF
(tune: "Mary Had a Little Lamb")

Let's blast off in our rocket now.
Rocket now, rocket now.
Let's blast off in our rocket now.
Counting down from 10.

Then say:
10, 9, 8, 7, 6, 5, 4, 3, 2, 1, 0...
BLAST OFF!

