

Preparing for Kindergarten



Purpose: There are so many ways you can help your child prepare to enter kindergarten! Everyday activities and experiences are THE best way ... not “worksheets” or “pencil & paper” tasks. The calendar on the next page is designed to help you reinforce key skills in all 10 areas of development as you engage with your child. Best of all, the activities are easy-to-do and help your child learn in a way that is meaningful, intentional and fun!






To Use: Print the calendar out and post it in the kitchen or other area of the house where you will be able to refer to it quickly and easily. Try to do each activity on the calendar but do not stress if you can't do them all. Also, if your child is not particularly interested in an experience, that is OK as well. Let your child be the guide.

Your August calendar will arrive later this summer!

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July 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Go for a walk with your child and see how many different colors of flowers you can find.
2 Have your child help type a text message to a grandparent or other relative.	3 Put frozen fruit in a blender with yogurt and make smoothies with your child. Talk about how the mixture changes.	4 Fourth of July 	5 Look for STOP signs when walking with your child. See if your child can name the letters in this word.	6 Have your child mail a postcard to a friend or relative. Have your child sign the card.	7 Use the internet with your child to learn about the state parks in your area. If possible, go visit one!	8 Invite your child to write his/her name with sidewalk chalk on the driveway or other paved surface.
9 	10 Take books outside, spread out a large blanket and read with your child.	11 Practice looking both ways when crossing the street with your child.	12 Have your child help make a shopping list for the grocery store. Talk about letters & words.	13 Give your child a deck of playing cards to sort by color, number, or suit.	14 Have your child help match socks when sorting clean laundry.	15 Look through a cookbook with your child and pick out a recipe to make together.
16 Have your child use a ruler to compare the size of his/her shoe to yours.	17 Teach your child a song from your childhood.	18 Provide your child with empty paper towel rolls and tape. Invite him/her to create!	19 	20 Plant a flower with your child and then help your child learn how to care for it.	21 Go on a "Letter Hunt" with your child. See how many different letters he/she can find.	22 Put ice cubes in a bowl in the sun. Have your child predict how long it will take for them to melt.
23 Dance with your child! 31	24 When out & about, look for EXIT signs. 31	25 Read a book with your child. Talk about the setting (e.g., where the story takes place).	26 When shopping, look for price tags. See how many numerals your child can identify.	27 Serve mixed vegetables. Have your child sort and then count.	28 Use Google Maps with your child to discover how far away destinations are from your home.	29 Help your child learn how to use the vacuum cleaner or dust pan/broom.