

Weekly Activity Plan - Week #3 - Fun in the Kitchen

	Large Group Activity	Small Group Activity	Small Group Activity	Infant Activity	Outside Activity	Transition	Interest Area Materials
DAY 1	Introduce Cherlee the Chef and play "I Spy" in the kitchen. Sing the song, "In the Kitchen."	Use props to role-play cooking in the kitchen.	Recite the action rhyme, "Kitchen Safe" and learn about being safe in the kitchen.	Sing the song, "Look around the Kitchen."	Take toy pots and pans, spoons, etc. outside to add to the sand/dirt play area.	Sing the song, "In the Kitchen" when moving from activity to activity.	
DAY 2	Play the game, "What is inside?" and guess items in refrigerator and freezer. Sing, "Put it in the Fridge."	Make predictions about what will happen when frozen peas are left outside the freezer.	Create art with ice cubes on craft sticks and markers.	Explore an Ice Shaker Bottle together.	Take ice outside and watch what happens over time.	Sing, "Put it in the Fridge" as the children move from activity to activity.	
DAY 3	Look in the pantry or cupboards and explore how foods are packaged and stored. Compare and contrast.	Stuff empty food boxes and tape shut to use for dramatic play.	Introduce Kitchen Memory with the Teaching Tool.	Explore 2 food boxes ... big and little.	Take some of the food boxes the children make outside.	Children name their favorite cereals when moving from activity to activity today.	
DAY 4	Use a box of pasta to introduce how a stove is used to cook food. Discuss safety around stoves. Sing the song, "Let's Cook it on the Stove."	Add kitchen tools (safe) to the water table or a container of water.	Have a pots & pans parade with music.	Explore a cooking pot and wooden spoon. Sing, "Cook It."	Talk about how food is cooked when outdoors (grill/campfire) and discuss safety as it relates to outdoor cooking.	Sing the song, "Let's Cook" when moving from activity to activity.	
DAY 5	Look at cookbooks. Introduce cooking in an oven. Review safety. Make things with baking clay and then bake in the oven.	Blow bubbles and have the children attempt to catch them in baking/ cake pans.	Use cookie cutters and paint to create art.	Use cookie cutters with handles and playdough.	Add old baking pans to the sand/ dirt play area.	Have the children name foods that are baked or roasted in the oven before moving from activity to activity.	

Weekly Activity Plan - Week #4 - Fun in the Kitchen

	Large Group Activity	Small Group Activity	Small Group Activity	Infant Activity	Outside Activity	Transition	Interest Area Materials
DAY 6	Explore fruits & veggies. Talk about importance of washing before eating. Sing, "This is the Way We Wash the..." and have the children wash fruits/veggies.	Wash fruits and veggies (real or plastic) in water table.	Repeat the game, "Kitchen Memory" using the Teaching Tool.	Explore a dirty and clean potato. Sing the song, "Wash the Potato" and wash in bowl of water with infant.	Bury a few potatoes in the dirt. Children dig and then wash so you can prepare.	Sing, "This is the Way We Wash the..." as the children move from activity to activity.	
DAY 7	Explore different types of eating utensils (e.g., fork, spoon, chopsticks, etc.). Use the items to play, "What's Missing?"	Sort spoons and forks. Count. Compare/contrast.	Paint with spoons and forks.	Bang with a wooden spoon on a plastic bowl.	Add forks and spoons (old) to the sand or dirt area.	Name a food. Children share whether they eat the food with a spoon or fork when moving from activity to activity.	
DAY 8	Explore broom and dustpan. Talk about cleaning the kitchen. Discuss safety (cleaning supplies). Sing the song, "We Can Sweep the Floor" and sweep together.	Wash and dry dishes from dramatic play in the water table or a container of water.	Dump paper holes (punched) all over the floor and offer tools to help the children clean them up. Which works best? Why?	Explore a wet (new) sponge.	Add toy brooms or dustpans/hand brooms to the outdoor play area for children to use.	Sing, "We Can Sweep the Floor" as the children pretend to sweep when moving from activity to activity.	
DAY 9	Special baked treat. Talk about favorite meals. Sing the song, "Let's Cook Your Favorite Meal." Write down responses. Compare.	Set out playdough, cookbooks and pots/pans children can use to make their favorite meals.	Have a Cookbook Crawl.	Recite the nursery rhyme, "Pease Porridge Hot" and clap hands together.	Take a few cookbooks outside today.	Have children name their favorite cooked foods when moving from activity to activity.	
DAY 10	Kitchen Fun Day (choose) 1) Make paper towel aprons. 2) Play, "What's Under the Chef's Toque?" 3) Children dictate how to cook a food and write it down.	Hide the cards from Kitchen Memory. Children find and then match.	Make pudding together.	Sing some of the infant's favorite songs or recite their favorite rhymes.	Repeat the game using baking pans/ cake pans to catch bubbles.	Sing the children's favorite songs from this unit during transitions.	